



RELAX THRIVE REBORN



Experience The Michelangelo way of living!



Contents

05
Excitement
& anticipation

07
Health &
Safe protocols

11
Michelangelo
Resort & Spa

25
Dimitra
Beach Hotel & Suites

35
Featuring Kos

47
Kantouni
Beach Boutique Hotel

55
Kalymnos



Excitement & anticipation

These two words can describe with absolute safety what the whole team of Michelangelo Hotels & Resorts feels just before the start of the new tourist season! Kos and Kalymnos are two of the most unique tourist destinations in the world, as they combine history and special natural beauty.

These elements inspired the Michelangelo Hotels & Resorts team to create three uniquely aesthetic hotels: Michelangelo Resorts & Spa Dimitra Beach Hotel & Suites in Kos | Kantouni Beach Boutique Hotel in Kalymnos.

In an environment of harmony and balance, the Michelangelo Hotels & Resorts team with over 50 years of experience in the tourism industry has created three hotels that guarantee personalized and premium quality service, offering much more than you can imagine with a human focus.

People are at the heart of everything that the Michelangelo Hotels & Resorts does.

Explore our facilities. Enjoy our exquisite design and spacious rooms as well as restaurants and bars that overlook the sea. Experience the unique aura of our hotels and see how we managed to combine all the right pieces to achieve greatness.

After all, all roads lead to the Greek islands!

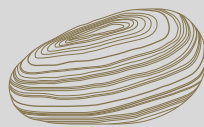
We warmly welcome you to Michelangelo Hotels & Resorts and we wish you a truly enjoyable stay!



Health & Safe protocols

We would like to reassure you that the measures and procedures we have taken in all hotel departments and all sanitation and hygiene standards are in strict compliance with the World Health Organization and the Greek Ministry of Health.

We are committed to the health and safety of our guests and personnel and our priority is to offer you a safe and welcoming environment. We are closely monitoring the protocols related to the Covid-19 and our personnel are currently undergoing training on safety measures and how to adequately deal with emergency situations.



MICHELANGELO
RESORT&SPA



“
Oh my god
you spend
so much blue
we can't see you!

-Odysseus Elytis, Nobel Prize in Literature (1979)

Michelangelo Resort & Spa

With exceptional architecture and style, Michelangelo Resort & Spa is the perfect hideaway which combines 5* accommodation by the sea and excellent cuisine to soothe your senses. Located on the southeast coast of the island of Kos and next to the renowned for its crystal clear waters Agios Fokas beach, the hotel is just 7kms away from Kos town, the harbour and the Marina and 32kms away from Kos International Airport (KGS), at a perfect location offering superb views to the Aegean Sea!

Constructed in 2009, covering approximately 10 acres of land, the Resort consists of 3-floor blocks, surrounded by modern gardens. You will enjoy our services in the restaurants and bars, pools and beach, Spa area, as well as the sports facilities and animation programs. Our detail-oriented personnel will help you have unforgettable holidays!

Facilities at glance

Restaurants: 3
Bars: 4
Spa

Infinity Pool
Indoor & Outdoor Pools with Jacuzzis
Beach with sunbeds & umbrellas

Fitness Centre
Mini Football
Tennis Court



Renovated rooms

The hotel offers 254 rooms and suites at the main and side buildings, most of them with breathtaking sea views. All the double rooms and suites are brand new and renovated during winter 2022-2023.

We embrace the Mediterranean cuisine

Michelangelo Resort & Spa embraces the Mediterranean cuisine, but you may also taste authentic Chinese food at our newly-introduced Asian à la carte restaurant. Rich buffets, world cuisine, healthy diet options and à la carte dining in 3 restaurants. Drinks are served in our all-day modern Bars by the swimming pools or on the beach, with a large selection of local and international drinks.







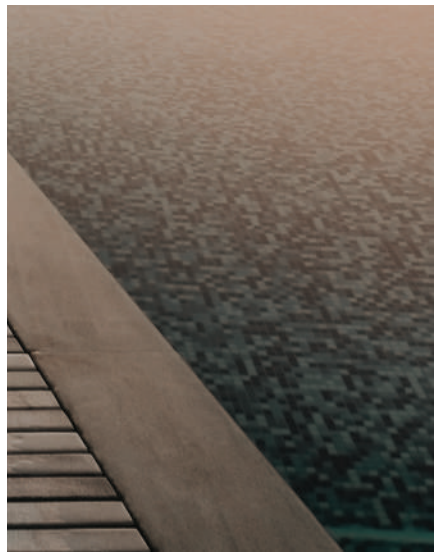
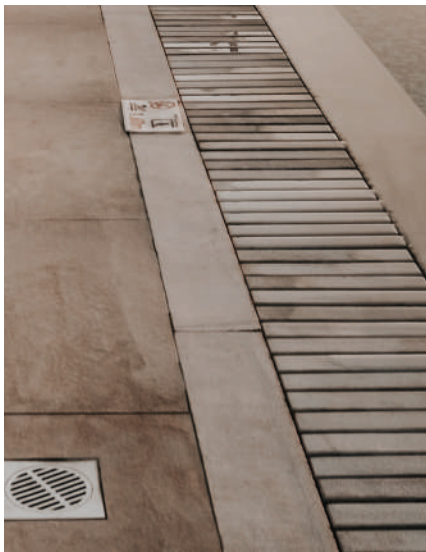
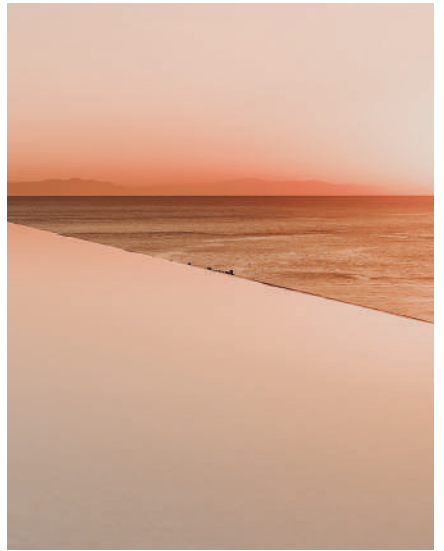
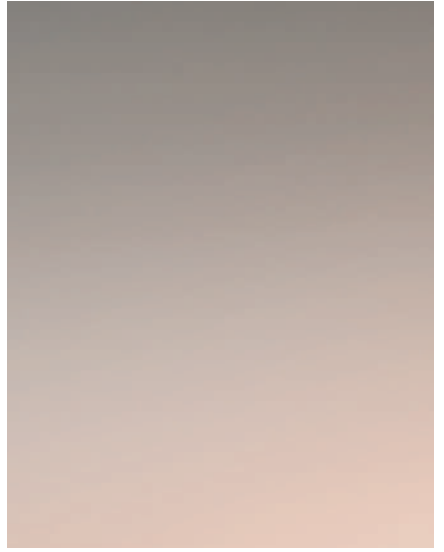
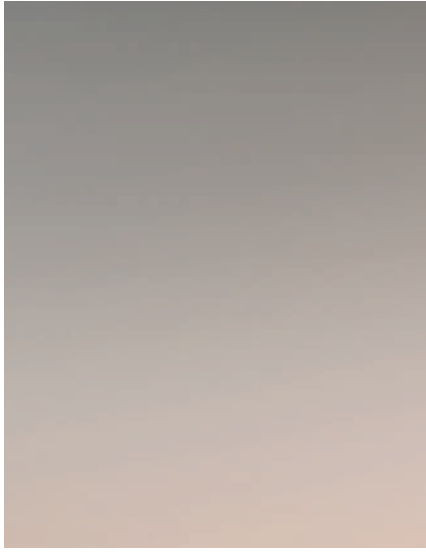
Therme Spa

A place of absolute tranquility

The Therme Spa is a place of absolute tranquility and has been created out of our passion to combine the benefits of wellness, pampering and relaxation with our commitment to luxury and personal attention.

The Therme Spa has been created out of our passion to combine the benefits of wellness, pampering and relaxation with our commitment to luxury and personal attention.

A selection of superior quality treatments are included in our Spa menu ranging from Thalassotherapy and signature treatments to massages, facial and body treatments, beauty salon services and more. We are pleased to introduce THALGO in our Spa menu, the French Spa brand devoted to the revival of Beauty Rituals specially designed to take discerning Spa-goers on a wonderful Sensuous Journey. Our serene atmosphere is combined with a wide range of signature treatments, for a unique wellness journey.



Sustainability is at the epicenter

Michelangelo Resort & Spa puts sustainability at the epicenter.

The group strongly believes that a "Green" hotel is an eco-friendly destination which also offers enchanting experiences. Through the Michelangelo Green program initiative, our commitment to operating in an environmental-friendly way beneficial to the local community creates opportunities for new experiences.

We are trying to reduce the limit of kWh per overnight stay, to meet the Travelife green energy consumption standards for hotels.

We continue to look for ways to reduce energy consumption in our hotel and we invest in research for energy-saving methods such as using automatic sensors and LED lighting. We have provided training to our personnel to apply water-saving methods to meet the goals that have been set. Water-saving is our top commitment. We have created a waste-reduction program through the implementation of new strategies, such as replacing plastic bags with reusable ones and the use of plastic reusable cups instead of disposable ones. We collect recyclable types of plastic, paper or metal, used cooking oil, batteries and obsolete equipment.

We have increased the presence of local products in all our restaurants in an effort to support the local community while reducing waste.

Michelangelo Resort & SPA Hotel operates according to the Travelife certification and implements the following policies: Environmental, Corporate Social Responsibility, Social, Human Rights, Child Protection, Justice & Sustainable Markets.

This captivating Resort of exceptional architecture is ideal for seafront enthusiasts looking for 5-star accommodation, indulgent spa escapes and superb food. The Resort features one of the longest infinity pools, an additional asset to its style and uniqueness.







DIMITRA BEACH

HOTEL & SUITES



“
It takes time for someone
to discover Kos but it only
takes an instant to fall
in love with her.

Henry Miller

Dimitra Beach Hotel & Suites

Dimitra Beach Hotel & Suites is the sister hotel of Michelangelo Resort & Spa and is located in Agios Fokas, an area renowned for its crystal-clear seas and is a white design 5* hotel, surrounded by fabulous verdant gardens.

From the moment you arrive, it charms you with its beachfront bungalows and serene atmosphere. A beachfront hotel of modern white design, with magnificent views of the Aegean Sea, swimming pools, restaurants, and bars on different levels, all of them offering magnificent sea views.

Located on the southeast coast of the island of Kos and next to the renowned for its crystal clear waters Agios Fokas beach, the hotel is just 7kms away from Kos town, the harbour and the Marina and 32kms away from Kos International Airport (KGS).

One of the very first hotels to have been built in Kos back in 1970, Dimitra Beach Hotel & Suites has recently undergone extensive renovation in all of its public areas and rooms (2015-2019). A true cosy and modern hotel. With its private beach, amazing sea views from all public areas and most of the rooms, bungalows next to the sea, pools and terraces, the hotel is an earthly paradise with verdant gardens, colourful plants and all shades of blue of the sea and the sky!

An ideal place to enjoy the sun and the scents of the Greek islands!



Ultimate destination for seafront accommodation

Guests may choose between sea view double rooms and bungalows in the gardens right next to the beach. For an added touch of luxury and comfortable family holidays, you may opt for the deluxe Suites, at the newly introduced Club Suites area of the hotel.

In these Suites the guests enjoy extra benefits and amenities like complimentary mini bar, beach bag and beach shoes and luxury bath amenities by Molton Brown and not to forget our small guests, they receive a welcome gift upon arrival.

Facilities at glance

Restaurants: 3

Bars: 4

Outdoor Pools with Jacuzzis

Outdoor pavilion for massage

Beach with sunbeds and umbrellas

Bike | Motorbike | Car rental

Spa services are available at the
sister hotel Michelangelo Resort
& Spa







Culinary options that will delight you

The hotel offers a wide selection of food & beverage options. Rich buffets and à la carte dining in 3 restaurants. Flavors buffet Restaurant, Cucina Italian à la carte restaurant and thalasa & alati Greek à la carte are the three restaurants of Dimitra Beach Hotel & Suites provided different culinary experiences that will delight you!

Drinks are served in the all-day Bars, Restaurant Bars and Lounges, among them two adults only lounges. All of them offer a full panoramic view of the Aegean Sea!





Featuring
KOS



“

The natural healing
force within each
of us is the greatest
force of getting well.

-Hippocrates

While you stay at Michelangelo Hotels & Resorts Group you can discover Kos is a beautiful Greek island, the third largest of the Dodecanese and a very popular holiday destination for travelers from all over the world.

It owes its name to the daughter of the mythical king Meropa, who was called Koos and it is the hometown of the Hippocrates (460-377 BC), known as a father of medicine.

The entire island looks like an open-air museum and it has many archaeological sites and monuments, as well as imposing buildings from the Italian period, which are worth visiting to experience its rich history

History (Hippocrates)

The great Greek doctor Hippocrates was born on the island of Kos in 460 BC (d. Larissa, 377 BC). He was the founder of scientific medicine, thus rightly earning him the name of “father of modern medicine” and a staunch proponent of “rational” medicine, i.e. one free of biases and superstitions.

According to the most reliable version of his biography in existence, Hippocrates was a student of his own father, who was a doctor as well and who trained him in medicine.

Hippocratic school of medicine revolutionized ancient Greek medicine, establishing it as a discipline distinct from other fields with which it had traditionally been associated (theurgy and philosophy), thus establishing medicine as a profession.

His contributions revolutionized the practice of medicine; but after his death the advancement stalled. So revered was Hippocrates that his teachings were largely taken as too great to be improved upon and no significant advancements of his methods were made for a long time. The centuries after Hippocrates' death were marked as much by retrograde movement as by further advancement. For instance, "after the Hippocratic period, the practice of taking clinical case-histories died out," according to Fielding Garrison.







Highlights

best places to visit

The most famed archaeological site on the island of Kos is the Asclepeion, a healing temple, sacred to the god Asclepius that sits on the slopes of a low tree-covered hill. After 242 BC, the sanctuary of Asklepios was established as a place of refuge, and it was during this period that the Asklepian festivals were founded and subsequently held once every four years for musical and athletic competitions which were open to all Greek cities.

Natural Thermal Springs

One of the places that is definitely worth visiting are the natural thermal springs in Therma, located in the south-eastern part of the island, about 13 kilometers from Kos town and they got their name from the word thermos because of the heat of the water that springs up here and centuries.

The springs at Therma were discovered in 1934 by an Italian archaeologist and were created as a result of tectonic disturbances and volcanic eruptions millions of years ago. Although you can reach the point by public transport, you will need to walk another 10' to reach the beach. The natural thermal springs have therapeutic properties as they contain rich elements in calcium, potassium, sodium sulfur and magnesium which are considered decisive for the treatment of skin arthritic or rheumatic diseases. In addition, bathing in a hot spring helps with blood circulation and oxygenation of cells, helping the body's digestive and detoxification abilities. The herbal thermal springs at Therma are one of the most amazing locations on the island.

Ancient Agora

The ancient market place of Kos was considered one of the biggest in the ancient world. It was the commercial and commanding center at the heart of the ancient city. It was organized around a spacious rectangular yard 50 metres (160 ft) wide and 300 metres (980 ft) long. It began in the Northern area and ended up south on the central road (Decumanus) which went through the city. The northern side connected to the city wall towards the entrance to the harbour. Here there was a monumental entrance.

Gastronomy

Even the most demanding palates can be satisfied in Kos. On the island, in addition to traditional Greek cuisine and of course fresh fish, you can also find culinary options from international cuisine, as well as haute cuisine restaurants.

Both in the town and in smaller or larger areas of Kos, most restaurants offer good quality food, inspired by Mediterranean cuisine and Greek tradition, while there is no shortage of luxury restaurants with menus from the international culinary scene.

It is also worth trying local products, such as olive oil, wine, honey and fruits and vegetables, such as tomatoes, cucumbers, lemons, pumpkins, watermelons and other fruits and vegetables.

Also you should try: Labropites a traditional cheese pies with “Psofa” a fresh unsalted mizithra cheese that are usually prepared around Easter. Another recipe is Stuffed Tomatoes with Octopus (most of the times grilled but also stew and Varvara a thick, creamy wheat pudding based in an ancient Greek recipe.

Beaches

Tigaki beach has fine sand and it's the ideal beach destination for water sports and beach games. Also is a great destination if you are seeking warm and shallow waters with fine sand.

Akti Zouroudi is one of the most popular beach on the island, full of beach bars, restaurants and cafes with lively atmosphere.

Mastichari Beach is an organized beach at Mastichari, which is the ideal spot for kite surfing.

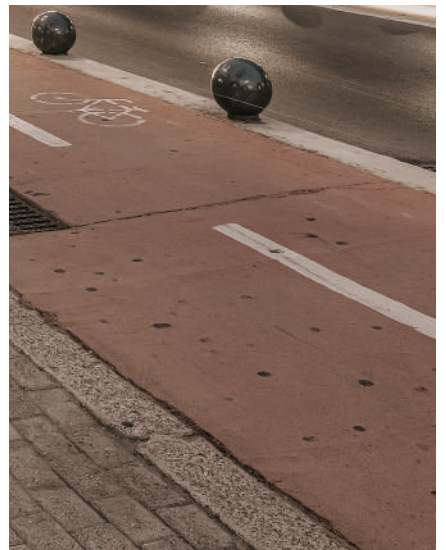
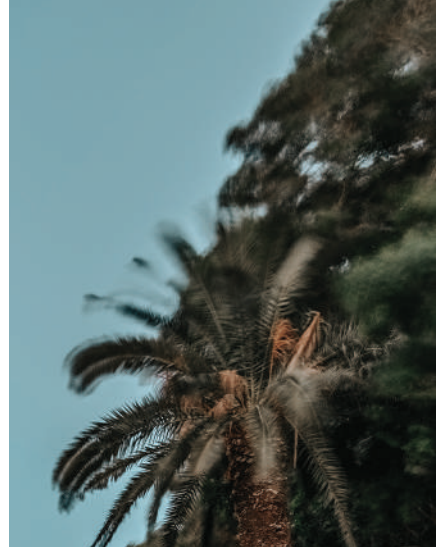
Camel Beach is known for its rocky environment and is slightly secluded from the rest cosmopolitan area. It's the ideal place for those who want to relax and be isolated.

Kardamena Beach with its sparkling white sand is a popular tourist destination year after year.

Paradise beach, in Kefalos is the most famous beach of the island due to crystal clear sea. Paradise beach is a well organized beach with sunbeds and umbrellas in which visitors can enjoy various water sports.

Activities – Cycling

Kos is well known for its numerous bicycle lanes in the main town and beautiful cycling routes around the island. Truly, the best way to explore Kos' cultural and historical sites is cycling!



“

Other countries offer you the discovery of customs, folklore or landscape, but Greece offers you something more difficult: the discovery of yourself

-Lawrence Dirrell, British author



What you can experience in Kos

*while you stay at Michelangelo Resort & Spa & Dimitra Beach Hotel & Suites**

April:

23rd Horse races in Pyli for the celebration of the name day of Agios Georgios

June - October:

Hippocratia: Cultural events around Kos Island
Cultural festival of Kos Island with art exhibitions, live music concerts, Greek dances, theater, activities for children, sports, gastronomic events etc.

August:

1st week: Wine Festival in the Mastichari area
1st half of the month: Fish festival in Kefalos
15th Feast of Holy Virgin (Panagia) in Kefalos and in Antimachia
24th Honey festival in Antimachia
28th Feast in honor of Ag. Ioannis, both in Mastchari and in Kefalos

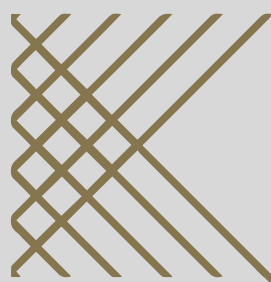
September:

8th A religious festival celebrating the birth of the Virgin Mary in Kardamena
27th World Tourism Day

October:

1st half of the month: Whitebait Festival, Kardamena

**Dates might change, please check always with local organizers*



kantouni
beach
BOUTIQUE HOTEL



“

Sunsets are just little
glimpses of the
golden streets
of heaven

—Unknown—

Kantouni Beach Boutique Hotel

- *A gem hotel at Kalymnos* -

Kantouni Beach Boutique Hotel is the crown jewel of the hotel industry of the island. It has been totally renovated to become a 4* property and one of the most stunning hotels of Kalymnos Island. Located on the west coast of the island of Kalymnos, at the lively area of Kantouni the hotel is 5 km away from Kalymnos National Airport (JKL) and 6.5 km from the harbour and city. The area has numerous restaurants, bars and shops within walking distance and is only 5km away from Kalymnos National Airport and 6.5km away from the island's capital and the harbor.

There are daily and frequent ferryboat connections with Kos Island serving those island-hoppers flying from and to Kos International Airport.

The hotel is also close to the climbing spots of the island and is the ideal choice for travellers seeking seaside holidays in alternative destinations.

Feast your eyes on the amazing views of the dazzling waters of the Mediterranean Sea and let the blue sky and the views of the mountains amaze you.

Enjoy luxurious accommodation and an exquisite culinary experience in this elegant and cosy 4-star hotel. With a brand new restaurant, a pool bar and an outdoor pool by the beach, our hotel is the ideal destination for ultimate seaside holidays. You expect the best and this is exactly what we are offering combined with warm hospitality. Kantouni Beach Boutique Hotel with its unique personalized services is a hip destination for travellers seeking a high-quality stay.



Comfortable luxurious stay & dreamy rooms

At an amazing beachfront location, with luxurious rooms and suites offering superb sea views, Kantouni Beach Boutique Hotel will charm you with its atmosphere.

It provides with a comfortable luxurious stay in dreamy rooms with amenities of the highest quality. It has 30 spacious and comfortable luxury rooms & suites, divided into 3 floors. Open plan rooms for maximum comfort, with luxurious amenities and super king size beds for your ultimate relaxation.

Experience the serene atmosphere with romantic dinners by the beach and admire the colours of the sunset over the mountains



0.25

0.25

0.25

0.25



1.45

1.45

0.25

0.25



Mediterranean & International cuisine at its best

The modern and elegantly designed Restaurant Bar will be your favourite place for breakfast, lunch and dinner. Kantouni Beach Boutique Hotel offers a wide selection of drinks and beverages to enjoy at the Pool Bar by the sea, for an ultimate island holiday experience!

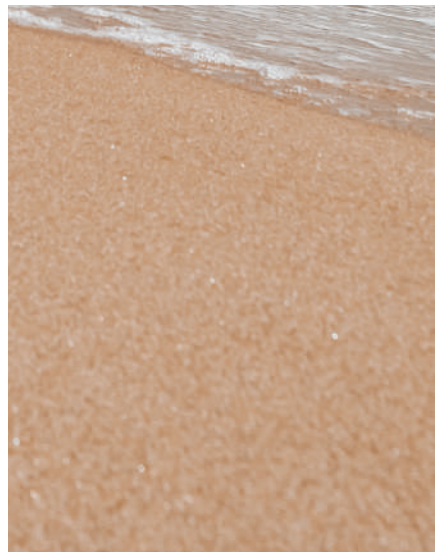
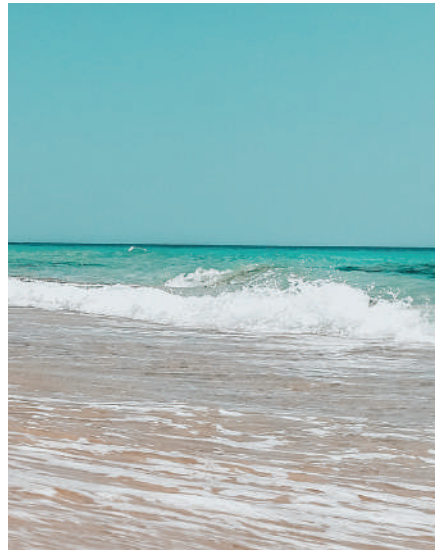
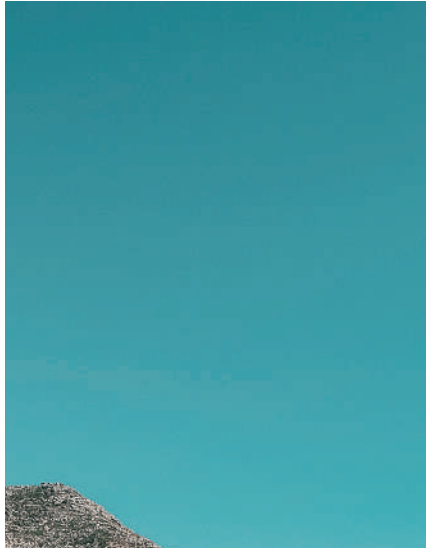
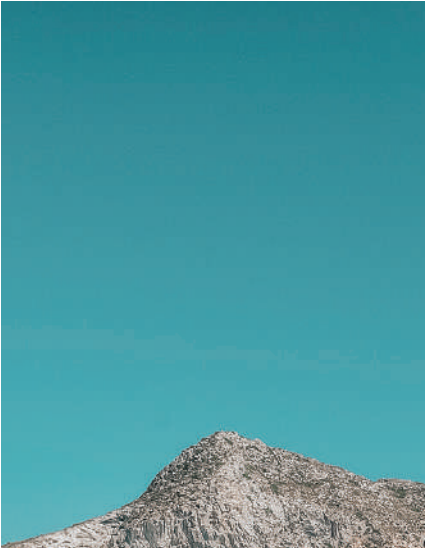


Facilities & Services at glance

Restaurant
Pool bar
Free Wi-Fi in all areas
24h reception

Bell service
Baggage storage room
Free outdoor parking
Laundry service

Room service
(from 11:00-23:00)
Turndown service
Theme nights - live music



Kalymnos

The sponge-diving and rock-climbing island

Kalymnos the sponge-diving and rock-climbing island belongs to the Dodecanese and is located in the southeastern Aegean Sea, between the islands of Kos and Leros.

Currently is the world's most popular sport climbing holiday destination in the world, as it is blessed with top quality solid limestone.

The island is known as Càlino in Italian and Kilimli or Kelemez in Turkish.

History

The island is often referred to as the “Island of the Sponge Divers” and is considered as the center of the Greek sponge-diving industry, an activity that dates back to the Antiquity.

For many centuries, this on-going tradition has shaped the island's identity and contributed significantly to its financial prosperity and social development, while helping it achieve worldwide fame.

In the last two decades, rock climbing has been gaining traction on the island. It is a relatively new activity, not for the faint-hearted. Kalymnos has built its reputation on the variety and top quality of its rocks and, at present, it is considered as one of the most popular rock-climbing destinations worldwide.

Regardless of your level of expertise in rock climbing, there is always an opportunity for adventure. It is the ideal site with its tall, rocky cliffs towering over the breathtaking deep blue of the Aegean Sea.

In addition to rock climbing, the island offers a large array of interesting options, beautiful beaches, delicious cuisine and exceptionally friendly people.







Highlights

best places to visit

The island's particular landscape makes it a favourable destination for alternative tourism: climb giant vertical rocks; explore centuries - old ship wrecks that lie in the sea-bed; discover enchanting caves; and visit wonderful beaches and picturesque island villages. That's what Kalymnos is all about.

Sponge Factory in Pothia Town

The Sponge Factory in Pothia is a reminiscence of the warehouses that spongers collected the sponges and processing them in large quantities and they were sold to natives or exported. The Sponge Factory in Pothia is the only one that remains to remind this tradition. This factory is open to visitors to get informed on the history of sponge-fishing, the methods used to dive, the process of elaborating sponges and to see from close enough workers elaborate sponges today.

Telendos is a Greek island in the southeastern Aegean Sea, belonging to the Dodecanese. It is approximately 1 km (0.6 mi) off the coast of the larger island of Kalymnos, of which it is administratively a part. Telendos was joined to Kalymnos, becoming separated from it in the 6th century AD following a series of earthquakes.

Gastronomy

In Kalymnos the visitors will find the opportunity to try a variety of recipes with fresh fish and seafood such as stuffed squid, karkani (a salad with mayonnaise and devil fish), fouskes,, sundried lobster tail, spinialo, an appetizer which includes scallops, sea urchins and devil fish maintained in seawater.

Also octopus dishes like octopus dipped in ouzo, octopus grilled or stew, octopus with macaroni or octopus croquettes.

Your visit to Kalymnos is a prime opportunity to taste the specialties of the island. The sweet delicacies, the savory flavors and the pure products coming from the Kalymnian land traditionally satisfy gourmets, who seek them back at every opportunity.

The agricultural products worth trying in Kalymnos are pure honey, citrus fruits (like grapefruits and bergamots), local sweet wine, called Anama, Eptazimo Bread (seven times kneaded bread) and the Eptazimo Cracker (seven times kneaded cracker). The most authentic product of Kalymnos though is the 'Krithini Kouloura' (barley bread).

Beaches

Kantouni Beach has a long sandy beach that is located 5 km north west of Pothia, the capital of Kalymnos, at a short walking distance from Panormos, but it can get a bit crowded sometimes.

Agios Soulas is a natural paradise with clear blue waters gently rolling into the sandy beach, it is the perfect destination for people looking to relax and be away from the city. Agios Soulas is a beach found 2km from Pothia, the capital of Kalymnos.

Arginonta beach is a sandy and pebbled beach of Arginonta is located 15km north of Pothia, the capital of Kalymnos and is coil up in a beautiful and picturesque bay.

Myrties beach is located 8 km north-west of Pothia, the capital of Kalymnos and from there little fishing boats sail to the opposite islet of Telendos.

Emporio is a well known serene beach located 24 km northwest of Pothia, that consists of smooth pebbles and crystalline waters and trees provide nice shade for those who prefer the more isolated spots.

Activities *climbing, diving, sponges*

Kalymnos is a popular rock climbing location with more than 3000 climbing routes set in the limestone rock of the island and a climate that allows climbing all year around. The island has seen a boom in climbing related tourism since 1997, when the Italian Andrea di Bari started establishing the first routes.

If you are in Kalymnos to climb, your first trip should be to the Outdoor Athletic Association (called such because they coordinate and track the climbing on the island). The association runs a small office north of Myrtes (near the Poets wall) and is open daily during the mornings. Here you'll be able to get the latest route information and a free print-out of the routes—a listing of the grades with directions on how to get to each crag, from there you'll find the routes as they are painted at the base of each route.





What you can experience in Kalymnos

*while you stay at Kantouni Beach Boutique Hotel **

April:

14-16: Celebration of Easter in Pothia (capital of Kalymnos). Also a representation of sponge-collection/ diving takes place in Pothia, including traditional food, music and dance.

June:

24 Feast of Agios Ioannis: At small bonfires are lit on the beaches and the harbors of the island and some people are jumping over them.

July:

26 Feast of Saint Panteleimon in Panormos. A big ceremony followed by a celebration at the monastery dedicated to the healing saint.

August:

15 Celebration of Holy Virgin (Panagia). At August 15th Kalymnos celebrates one of the highest celebrations in the Christian calendar, the feast day of Holy Virgin. Various ceremonies take place during that day and the day after.

September/October :

Rock climbing Festival (not confirmed for 2023)

**Dates might change, please check always with local organizers*





MICHELANGELO

RESORT & SPA

Agios Fokas, Psalidi, 85300 | Kos Island, Greece
Tel: +30 22420 45900 | e-mail: reservations@michelangelo.gr
www.michelangelo.gr

Follow us

 <https://www.instagram.com/michelangeloaresortspa>

 <https://www.facebook.com/michelangeloaresortspa>

 @michelangelohotels

#michelangeloaresortspa



DIMITRA BEACH

HOTEL & SUITES

Agios Fokas, Psalidi, 85300 | Kos Island, Greece
Tel: +30 22420 28900 | e-mail: reservations@dimitrabeachhotel.gr
www.dimitrabeachhotel.gr

Follow us

 <https://www.instagram.com/dimitrabeach>

 <https://www.facebook.com/dimitrabeach>

 @michelangelohotels

#dimitrabeach



Panormos, 85200 | Kalymnos, Greece
Tel: +30 22430 47607 | e-mail: reservations@kantounibeach.gr
www.kantounibeach.gr

Follow us

 <https://www.instagram.com/kantounibeach>

 <https://www.facebook.com/kantounibeach>

 @michelangelohotels

#kantounibeach

"Thrive. Relax. Reborn"

by Michelangelo Hotels & Resorts Issue #1

Property of Michelangelo Hotels & Resorts

Creative Director: Nikolia Christodouloupoulou (@ms_creativemistakes)

Contributor: Stella Avgoustaki

Sources: Visit Greece, Wikipedia, Greeka, Wikivoyage,
Real Greek Experiences, Kos.gr

